

# 2018 Brecon 10 Mile

05 August 2018

Gun Pos	No	Name	M/F	Cat	Club	Gun Time	Chip Pos	Chip Time
1	156	Samuel Richards	M		Pontypridd Roadents AC	0:54:05	1	0:54:04
2	48	Matthew Edmonds	M		Micky Morris Racing Team	0:55:43	2	0:55:42
3	242	Jonathan Pugh	M		Builth & District Running Club	0:58:04	3	0:58:02
4	237	Charlie Lowther	M	40	Eden Runners	0:58:24	4	0:58:24
5	77	Billy Hayton	M		Pontypridd Roadents AC	0:58:43	5	0:58:42
6	187	Ben Williams	M		Port Talbot Harriers & AC	0:59:12	6	0:59:11
7	211	Dylan Nazareth	M		Cardiff Archers	1:00:37	7	1:00:36
8	14	Andrew Blair	M	50	Les Croupiers RC	1:02:40	8	1:02:38
9	179	Matthew Turner	M			1:02:53	9	1:02:49
10	207	Mark Horsman	M	40	Welsh Masters AA	1:03:31	10	1:03:29
11	85	Michael Holloway	M		Brecon AC	1:03:44	11	1:03:42
12	220	Alistair Downes	M		San Domenico RRC	1:04:31	12	1:04:29
13	177	Dan Tracey	M	45		1:04:50	13	1:04:50
14	164	Jason Scanlon	M	45	Pontypridd Roadents AC	1:05:14	14	1:05:10
15	137	Rhys Pippard	M		Les Croupiers RC	1:05:23	15	1:05:21
16	84	David Hodgins	M	45		1:05:40	16	1:05:37
17	46	Lee Drew	M		Lliswerry Runners	1:07:25	17	1:07:23
18	139	Laurence Pole	M	40	Pontypridd Roadents AC	1:07:38	18	1:07:36
19	24	Paul Carter	M	50	Okehampton Running Club	1:07:41	19	1:07:39
20	219	Johnny Lam	M	45	San Domenico RRC	1:08:15	20	1:08:13
21	72	Phil Hambleton	M		Les Croupiers RC	1:08:36	21	1:08:29
22	246	Barney Goodrich	M	40	Brecon AC	1:09:14	22	1:09:10
23	126	Vincent Nazareth	M	55	Les Croupiers RC	1:09:23	23	1:09:17
24	76	Mickey Havard	M	50	San Domenico RRC	1:09:45	24	1:09:41
25	138	Kevin Plank	M	45	San Domenico RRC	1:10:01	25	1:09:57
26	18	James Bruce	M	45	Les Croupiers RC	1:10:43	26	1:10:41
27	232	James Cantwell	M	55	Pudsey Pacers	1:11:06	27	1:10:58
28	180	Jamie Vanstone	M		Ogmore Phoenix Runners	1:11:14	28	1:11:13
29	41	Richard Davies	M	50	Les Croupiers RC	1:11:22	29	1:11:19
30	27	Adam Cooke	M	40		1:11:26	30	1:11:23
31	114	Bryan Meredith	M	55	Rhondda Valley Runners	1:12:13	31	1:12:03
32	53	Robert Evans	M	55	Ebbw Vale Running Club	1:12:27	32	1:12:23
33	181	Carl Walsh	M	45	Rhondda Valley Runners	1:13:02	33	1:12:52
34	5	Iain Bareham	M	40		1:13:07	35	1:13:06
35	208	Claire Jacobs	F	45	Les Croupiers RC	1:13:11	34	1:13:06
36	125	Michael Murphy	M	60	Les Croupiers RC	1:13:28	36	1:13:23
37	95	Aine Kenny	F		Les Croupiers RC	1:13:33	37	1:13:27
38	209	Sam Joseph	M		Swansea Harriers AC	1:13:48	38	1:13:45
39	169	Chris Smith	M			1:13:56	39	1:13:49
40	33	William Daniels	M	60	Rhondda AAC	1:13:58	40	1:13:54
41	184	Gary Webber	M	50	Rhondda Valley Runners	1:14:47	42	1:14:37
42	108	Tony Mackay	M	50	Pegasus AC	1:14:48	41	1:14:36
43	129	Terry O'Brien	M	60		1:15:01	43	1:14:52
44	216	Dabid Powell	M	45		1:15:05	44	1:15:00
45	102	John Light	M		San Domenico RRC	1:15:10	45	1:15:07
46	245	David Place	M	50		1:15:39	46	1:15:34
47	120	Mandy Morris	F	45	Port Talbot Harriers & AC	1:15:55	47	1:15:49
48	45	Marc Dowse	M			1:15:56	48	1:15:51
49	25	Angela Champion	F	40	Les Croupiers RC	1:16:18	49	1:16:12
50	36	Delmie Davies	M	40		1:16:47	50	1:16:39
51	218	Rob King	M	40	Parc Bryn Bach Running Club	1:16:52	51	1:16:48
52	143	Steven Preddy	M	45	Les Croupiers RC	1:16:57	52	1:16:51
53	122	Paul Morris	M	55	Les Croupiers RC	1:17:12	53	1:17:07
54	37	Marc Davies	M			1:17:12	54	1:17:09
55	182	Pete Walters	M	55	TROT	1:17:27	55	1:17:20
56	128	Judith Oakley	F	50	Vegan Runners	1:17:59	56	1:17:53
57	56	Michael Foster	M	65		1:18:48	57	1:18:40
58	240	Geraint Evans	M	45		1:18:55	58	1:18:55
59	123	Ged Murphy	M	45		1:19:06	59	1:19:04
60	107	Russell Livesey	M			1:19:19	60	1:19:04
61	188	Delyth Williams	F		San Domenico RRC	1:19:39	61	1:19:36
62	141	Jac Powell	M		University of Bath AC	1:20:10	63	1:20:06
63	49	Amy Edwards	F		Rhondda Valley Runners	1:20:14	62	1:20:05
64	52	Mike Evans	M	40	Run4All RC	1:20:17	64	1:20:09
65	223	Julie Cashell	F	40		1:20:59	65	1:20:55
66	71	Mike Gwynne	M	45	Pontypridd Roadents AC	1:21:08	66	1:20:56
67	199	Ceri-Anne Davies	F	50	Pontypridd Roadents AC	1:21:18	67	1:21:07
68	26	Steph Connaire	F		Les Croupiers RC	1:21:29	68	1:21:20
69	163	Brian Saxby	M	55	Run4All RC	1:21:55	69	1:21:48
70	55	Cara-Leanne Farley	F		Run4All RC	1:22:02	70	1:21:59

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Gun Pos	No	Name	M/F	Cat	Club	Gun Time	Chip Pos	Chip Time
71	185	Elaine Wharmby	F	50	Pegasus RC	1:22:19	71	1:22:04
72	238	Gron Davies	M	55		1:22:47	72	1:22:39
73	222	Brian Stevendale	M	50	Swansea Harriers AC	1:23:15	73	1:23:02
74	110	Jenny Martin	F		Les Croupiers RC	1:23:31	74	1:23:21
75	16	Kevin Bradfield	M	50	Parc Bryn Bach Running Club	1:24:26	75	1:24:19
76	229	Lee Phillips	M		Parc Bryn Bach Running Club	1:24:26	76	1:24:20
77	19	Steve Burrell	M	50		1:24:59	77	1:24:52
78	118	Bethan Morris	F		Port Talbot Harriers & AC	1:25:20	78	1:25:08
79	146	Kim Price	F		Parc Bryn Bach Running Club	1:25:45	80	1:25:40
80	21	Clifford Burton	M	45		1:25:48	79	1:25:31
81	30	Charlie Coray	M	55		1:26:06	81	1:25:52
82	96	Maad Khalil	M	55	Pontypridd Roadents AC	1:26:18	82	1:25:55
83	210	Leah Lewis	F			1:26:30	84	1:26:18
84	236	Chris Lewis	M	40		1:26:30	83	1:26:18
85	226	Catherine Olivant	F	40	Brecon AC	1:26:41	85	1:26:25
86	194	Linda Alexandra Woodland	F	55	Port Talbot Harriers & AC	1:26:43	86	1:26:36
87	198	Gerry Crispie	M	55	Les Croupiers RC	1:26:54	87	1:26:47
88	62	David George	M	45	Les Croupiers RC	1:27:23	88	1:27:13
89	51	Louise Evans	M	50	Ebbw Vale Running Club	1:27:44	89	1:27:29
90	39	Ray Davies	M	55	Aberdare Valley AAC	1:28:03	90	1:27:44
91	173	Dean Thomas	M	45	Merthyr Harriers RRC	1:28:14	91	1:28:02
92	94	Rhodri Jones	M		Amman Valley Harriers	1:28:53	92	1:28:41
93	204	Roger Freeman	M		Parc Bryn Bach Running Club	1:29:14	94	1:29:07
94	178	Jacqueline Trow	F		Pontypridd Roadents AC	1:29:21	93	1:29:01
95	191	Kevin Williams	M	40		1:29:33	96	1:29:28
96	86	Jennet Holmes	F	40	Pontypridd Roadents AC	1:29:34	95	1:29:19
97	171	Marcus Smith	M	45	Parc Bryn Bach Running Club	1:29:39	97	1:29:33
98	190	John Williams	M	60		1:29:43	99	1:29:43
99	28	Andrew Cooper	M	45	Merthyr Harriers RRC	1:29:51	98	1:29:38
100	23	Pamela Carter	F		Sarn Helen Club	1:30:11	100	1:29:53
101	1	Paula Allen	F	40	Pegasus RC	1:30:12	101	1:29:56
102	193	Stephen Wood	M	40	Pegasus RC	1:30:18	104	1:30:03
103	60	Noel Gaskell	M	60		1:30:19	103	1:30:02
104	168	Ash Singal	M	50		1:30:22	102	1:29:59
105	54	Salome Evans	F	45		1:30:23	105	1:30:11
106	90	Claire Jarrom	F		Les Croupiers RC	1:30:39	106	1:30:29
107	196	Duncan Crawley	M	55	Brecon AC	1:30:44	107	1:30:36
108	29	Owen Cooper	M	70	Brecon Triathlon Club (BTC)	1:31:09	108	1:30:54
109	239	Bob Smith	M	60		1:31:13	109	1:30:55
110	147	David Proffitt	M	65	Lliswerry Runners	1:31:17	110	1:30:59
111	64	Mike Green	M	60	Vegan Runners	1:31:27	112	1:31:17
112	151	Rob Rees	M	50		1:31:33	111	1:31:16
113	57	Kevin Fowler	M	60	Pegasus RC	1:31:50	113	1:31:34
114	241	Andrew Cadmore	M	45		1:32:34	114	1:32:17
115	217	Adrian Taylor	M	55	Merthyr Harriers RRC	1:32:43	115	1:32:30
116	131	Clive Osmond	M	55	Les Croupiers RC	1:33:11	116	1:33:03
117	73	Jonathan Hancock	M	45		1:33:46	117	1:33:38
118	58	Eve Gallop-Evans	F	50	Les Croupiers RC	1:34:02	118	1:33:54
119	159	Michael Rossiter	M	55	Les Croupiers RC	1:34:22	119	1:34:11
120	213	Elizabeth Sim	F	40	Ogmore Phoenix Runners	1:34:37	121	1:34:23
121	32	Liam Daly	M	55	Builth & District Running Club	1:34:41	120	1:34:17
122	201	Joanne East	F		Pegasus AC	1:34:44	122	1:34:26
123	225	Kathryn Powell	F	45	Brecon AC	1:34:54	123	1:34:37
124	78	Dai Hazelden	M	55		1:34:55	124	1:34:47
125	80	Rachel Higginson	F		Les Croupiers RC	1:35:33	126	1:35:23
126	82	Katharine Hill	F			1:35:34	125	1:35:11
127	44	Graeme Donnan	M	65	Les Croupiers RC	1:35:53	127	1:35:39
128	165	Tim Sheppard	M	40		1:36:05	128	1:35:48
129	63	Gerald Gobey	M	65	Wye Valley Runners	1:36:09	129	1:35:59
130	224	Sharon Woods	F	55	Parc Bryn Bach Running Club	1:36:27	130	1:36:18
131	124	Gillian Murphy	F	60	Les Croupiers RC	1:36:40	131	1:36:31
132	203	John Gwynn Evans	M	70	Aberystwyth AC	1:37:32	133	1:37:18
133	12	Lauson Bissett	M			1:37:36	132	1:37:14
134	116	Carl Miller	M	55	Les Croupiers RC	1:37:58	135	1:37:48
135	65	Nick Gregory	M		Parc Bryn Bach Running Club	1:37:59	134	1:37:48
136	175	Kevin Thomas	M	50		1:38:28	136	1:38:17
137	2	Phil Allen	M	55	Pegasus RC	1:38:36	137	1:38:17
138	233	Andrew Enoch	M	45		1:38:48	138	1:38:29
139	10	Jonathan Bennett	M	55		1:39:06	139	1:38:49
140	243	John Williams	M			1:39:36	140	1:39:18

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Gun Pos	No	Name	M/F	Cat	Club	Gun Time	Chip Pos	Chip Time
141	97	Sian Khalil	F	50	Pontypridd Roadents AC	1:39:41	141	1:39:26
142	8	Leanne Bassett	F		Rhondda Valley Runners	1:40:13	142	1:40:03
143	59	J.Phillip Gardiner	M	65	Aberdare Valley AAC	1:40:33	143	1:40:14
144	101	Karen Lewis	F	50	Caerphilly Runners	1:40:49	144	1:40:35
145	157	Sian Roach	F	40	Caerphilly Runners	1:41:12	146	1:40:58
146	231	David Roberts	M			1:41:12	145	1:40:57
147	121	Nicola Morris	F		Rhayader & District AAC	1:41:20	147	1:41:00
148	132	Chirag Patel	M	45	Les Croupiers RC	1:41:24	149	1:41:12
149	117	Di Mogg	F	50		1:41:27	150	1:41:16
150	145	Karla Price	F	45	Rhayader & District AAC	1:41:30	148	1:41:10
151	79	Anna Helsing	F	55	Penarth & Dinas Runners	1:41:41	151	1:41:27
152	119	Julia Morris	F	45		1:41:50	152	1:41:39
153	228	Rob Joslin	M	45	Rhondda Valley Runners	1:41:56	153	1:41:44
154	88	John Horsman	M	65	Cardigan RC	1:42:02	154	1:41:50
155	75	Gail Havard	F	50	San Domenico RRC	1:42:21	156	1:42:07
156	134	Carl Peacock	M	50		1:42:28	155	1:42:04
157	68	Jenna Groves	F		Pegasus RC	1:42:38	157	1:42:19
158	69	Sally Groves	F	55	Pegasus RC	1:42:38	158	1:42:20
159	205	Flora Gunner	F	55	Croft Ambrey RC	1:42:44	159	1:42:37
160	244	Nicola Kelly	F	45	Builth & District Running Club	1:43:10	160	1:42:52
161	83	Margaret Hodges	F	60	Rhayader & District AAC	1:43:52	161	1:43:30
162	140	Bev Powell	F	45		1:44:01	162	1:43:52
163	166	Richard Simpson	M	45		1:44:01	163	1:43:52
164	200	W Huw Davies	M	60	Clwb Rhedeg Pontardawe Running Cl	1:44:23	164	1:44:07
165	98	Tina Lavelle	F	60	Hay Hotfooters	1:44:52	165	1:44:36
166	212	Russ Pearce	M	50	Caerphilly Runners	1:44:55	166	1:44:38
167	9	Claire Bell	F	55	Les Croupiers RC	1:45:22	167	1:45:12
168	183	Tom Waterson	M			1:46:05	168	1:45:42
169	130	Mandi Orton	F	40		1:46:19	169	1:45:56
170	103	Alexandra Lilygreen	F			1:46:20	170	1:45:58
171	104	Paul Lilygreen	M	50	Brecon Triathlon Club (BTC)	1:46:20	171	1:45:59
172	195	Trish Zimmer	F	45		1:46:27	172	1:46:04
173	67	Dan Groves	M	45	Pegasus RC	1:46:46	173	1:46:27
174	93	Mair Johnson	F		Pontypridd Roadents AC	1:47:02	174	1:46:40
175	99	Fiona Lewis	F			1:47:23	175	1:47:10
176	234	Rhys Lewis	M	40	Parc Bryn Bach Running Club	1:47:54	176	1:47:28
177	4	Lucy Atkin-Smith	F		Parc Bryn Bach Running Club	1:48:13	177	1:48:07
178	221	Owain Williams	M		Parc Bryn Bach Running Club	1:48:14	178	1:48:08
179	100	Ian Lewis	M	55	Ogmore Phoenix Runners	1:48:32	179	1:48:17
180	235	Nicola Lewis	F	40	Parc Bryn Bach Running Club	1:49:09	180	1:48:44
181	50	Brenda Evans	F	65	Pontypridd Roadents AC	1:49:48	181	1:49:26
182	3	Nicholas Anthony	M			1:50:39	182	1:50:17
183	155	Nigel Richards	M	50	Lliswerry Runners	1:50:54	183	1:50:33
184	153	Amanda Richards	F	50	Lliswerry Runners	1:50:55	185	1:50:41
185	105	Ruth Lipscombe	F			1:51:00	184	1:50:38
186	61	Claire George	F	45	Les Croupiers RC	1:51:09	186	1:51:00
187	11	Max Bergmanski	M	55	Caerphilly Runners	1:52:00	187	1:51:44
188	186	Garry Wharmby	M	55	Pegasus RC	1:52:38	188	1:52:18
189	43	Joanne Dendle	F	45	Pontypridd Roadents AC	1:52:53	189	1:52:31
190	92	Clare Johnson	F	70	Les Croupiers RC	1:53:56	190	1:53:42
191	230	Deborah Martin	F			1:54:07	191	1:53:51
192	47	Adelaide Dunn	F			1:54:16	192	1:54:00
193	133	Bretti Paxton	F		Pontypridd Roadents AC	1:54:34	193	1:54:14
194	66	Claire Griffiths	F		Caerphilly runners	1:55:11	194	1:54:54
195	192	Natalie Williams	F		Merthyr Harriers RRC	1:56:11	195	1:55:50
196	167	Ann Singal	F	50		1:57:32	196	1:57:09
197	22	Fiona Campbell	F	40	Pontypridd Roadents AC	1:57:49	197	1:57:25
198	111	Jon Martin	M	40	Les Croupiers RC	1:58:42	198	1:58:33
199	227	Mark Douglas	M	40	Pontypridd Roadents AC	1:58:51	199	1:58:35
200	142	Rachel Powell	F		Brecon AC	1:59:17	200	1:59:00
201	40	Rhiane Davies	F		Merthyr Harriers RRC	1:59:44	201	1:59:22
202	215	Sara Skinner	F	40		1:59:47	202	1:59:36
203	115	Dawne Meynell-Western	F	40	Rhondda Valley Runners	1:59:53	203	1:59:43
204	214	Laine Skinner	M	40		2:02:38	204	2:02:27
205	106	Athena Livesey	F			2:04:43	205	2:04:28
206	70	Jo Gwynne	F	45	Pontypridd Roadents AC	2:06:09	206	2:05:44
207	7	Sarah Bartram	F			2:10:25	207	2:10:04
208	6	Gary Bartram	M	40	Parc Bryn Bach Running Club	2:10:25	208	2:10:04
209	202	Nicholas East	M		Pegasus AC	2:12:05	210	2:11:46
210	148	Hayley Pugh	F	45	Pontypridd Roadents AC	2:12:08	209	2:11:43

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211	136	Laura Pinney	F	40	Pontypridd Roadents AC	2:12:15	211	2:11:50
212	135	David Phillips	M	70	Pembrokeshire Harriers AAC	2:17:19	212	2:17:05
213	170	Karen Smith	F	45		2:25:49	213	2:25:25